

LITHUANIA Wrestling Championship 2015 (Greco-Roman, Freestyle and Female wrestling) Regulation

1. The competition will take place on January 10-11, 2015 in Vilnius, at Hall of Track and field (Žemaitės st. 6).

January 9 d. (Friday)

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| 17.00 - 18.00 | - Arrival, mandate commission, physical examination |
| 18.00 - 19.00 | - Weighing (Hotel AirInn, Rodūnios kelias st. 8) |
| 19.00 - 19.30 | - Meeting of couches and judges |

January 10 d. (Saturday)

- | | |
|---------------|------------------------|
| 10.00 - 10.15 | - Championship opening |
| 10.15 - 15.30 | - Preliminary matches |
| 16.00 - 17.00 | - Third place matches |
| 17.00 - 18.30 | - Finals, awards |

January 11 d. (Sunday)

- | | |
|---------------|------------------------|
| 10.00 - 10.15 | - Championship opening |
| 10.15 - 15.30 | - Preliminary matches |
| 16.00 - 17.00 | - Third place matches |
| 17.00 - 18.30 | - Finals, awards |

2. Championship will be carried by the board of judges approved by Wrestling Federation of Lithuania:

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|-----------------------------|------------------------------------|
| Competition chief judge | - Vidmantas Žibutis (TK, Šiauliai) |
| Competition chief secretary | - Aldonis Blekaitis (NK, Šiauliai) |

3. Participation in following order:

January 10 d. (Saturday):

- Greco-Roman wrestling weights: 66 kg., 85 kg., 98 kg. 130 kg.
- Freestyle wrestling weights: 53-57 kg., 74 kg., 97 kg., 125 kg.
- Women's wrestling weights: 60 kg., 69 kg.

January 11 d. (Sunday):

- Greco-Roman wrestling weights: 55-59 kg., 71 kg., 75 kg., 80 kg.
- Freestyle wrestling weights: 61 kg., 65 kg., 70 kg., 86 kg.
- Women's wrestling weights: 53 kg., 55 kg., 63 kg., 75 kg.

Greco-Roman and Freestyle wrestling: born before year 1996; athletes born between years 1997-1998 with special visa.

Greco-Roman wrestling weight categories: 55-59, -66, -71, -75, -80, -85, -98, -130 kg.

Freestyle wrestling weight categories: 53-57, -61, -65, -70, -74, -86, -97, -125 kg.

Women's wrestling: born before year 1998; sportswomen born between years 1999 - 2000 with special visa.

Women's wrestling weight categories: -53, -55, -60, -63, -69, -75 kg.

Number of participants in weight category is unlimited.

Greco-Roman wrestling:

Competitions involving one team (8 athletes + 1 coach) from cities and districts with the exception of:

From Vilnius city participating Lithuanian Olympic Sports Center team (8+1).

Freestyle wrestling:

Competitions involving one team (8 athletes + 1 coach) from cities and districts.

Women's wrestling:

Competitions involving one team (8 athletes + 1 coach) from cities and districts with the exception of:

From Šiauliai city participate 10 athletes + 2 coaches.

Lithuanian open women's Championships will be held in accordance with the group system: the participants will be divided into two groups: "A" and "B".

Group "A": Compete wrestlers from Lithuania. Results from this group are official Lithuanian women Wrestling Championship results.

Group „B“: Compete wrestlers from abroad. Results from this group has no impact for Lithuanian women Wrestling Championship standings.

Lithuanian Open women's Wrestling Championship results will be set after the participants from group "A" and "B" meetings – wrestler which took certain place in group “A” will compete with wrestler from group “B” which has taken the same place. Awards will be given only to the winners of Lithuania Open women's Championship.

If the weight category includes 5 participants, they will compete in one group.

4. Application must be sent until 7th January 2015 to Competition chief secretary Aldonis Blekaitis (rasablek88@gmail.com) . Weight categories cannot be changed. Failure to follow these instructions will exclude athletes from Championship.

5. The competition will be held according to FILA rules on three carpets.

6. Catering will be provided for Championship participants (athletes, coaches, judges):

January 9 d. - dinner

January 10 d. - breakfast, lunch, dinner

January 11 d. - breakfast, lunch

Lithuanian Wrestling Federation will provide lodging for the night (1 night) and catering (dinner, breakfast, lunch).

7. Competitions prize-winners will be awarded with diplomas and medals, champions also get prizes.

8. In the case of an accident the organizers will provide only first aid

Prezident

Valentinas Mizgaitis