



**INVITATION to the TRAINING CAMP
and
10th INTERNATIONAL FEMALE WRESTLING and GRECO-ROMAN
WRESTLING TOURNAMENT SUN CITY OPEN 2023**

REGULATIONS

DATE: FEMALE WRESTLING and GRECO ROMAN WRESTLING TRAINING CAMP *on 16th-20th October 2023* in Šiauliai. Training camp's fee - 40 Eur per day including accommodation and food. If you are interested, please contact us until **6th of October 2023.**

DATE: FEMALE WRESTLING and GRECO ROMAN WRESTLING TOURNAMENT "SUN CITY OPEN 2023" *on 21th-22th October 2023* in Šiauliai.

LOCATION: Šiauliai sports gymnasium wrestling hall, Vilniaus str. 297, Šiauliai, Lithuania.

AGE CLASS: (WW) Female wrestling in **U20** (born in 2003-2006).

Weight class: 50 kg, 53 kg, 55 kg, 57 kg, 59 kg, 62 kg, 65 kg, 68 kg, 72 kg, 76 kg.

(WW) Female wrestling in **U17** (born in 2006-2009).

Weight class: 40 kg, 43 kg, 46 kg, 49 kg, 53 kg, 57 kg, 61 kg, 65 kg, 69 kg, 73 kg.

(WW) Female wrestling in **U15** (born in 2009-2012).

Weight class: 33 kg, 36 kg, 39 kg, 42 kg, 46 kg, 50 kg, 54 kg, 58 kg, 62 kg, 66 kg.

(GR) Greco-Roman wrestling in **U20** (born in 2003-2006).

Weight class: 55 kg, 60 kg, 63 kg, 67 kg, 72 kg, 77 kg, 82 kg, 87 kg, 97 kg, 130 kg.

(GR) Greco-Roman wrestling in **U17** (born in 2006-2009).

Weight class: 45 kg, 48 kg, 51 kg, 55 kg, 60 kg, 65 kg, 71 kg, 80 kg, 92 kg, 110 kg.

(GR) Greco-Roman wrestling in **U15** (born in 2009-2012).

Weight class: 38 kg, 41 kg, 44 kg, 48 kg, 52 kg, 57 kg, 62 kg, 68 kg, 75 kg, 85 kg.

All wrestlers must be in a possession of a valid document (identification card, passport, sports license or student's license), insurance is obligatory as well.

Tournament's fee: 40 Eur per person per day.

AWARDS: *Places 1-3rd* Certificate, medals and prizes.

REMARKS: To reserve an accommodation and food, please contact us as soon as possible.

We can arrange a transfer from Riga (Latvia) airport or Šiauliai bus/train station to competition hall/hotel, if you need it. Please contact us about it until **6th of October 2023.**

REGISTRATION: Only in written form, via email. Registration until **6th of October 2023.**

CONTACTS: Aivaras Kaselis - Leader of (WW) team, Coach. Mobile phone, +37068657951;
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<https://www.facebook.com/sportocentrasatzalynas> <https://www.facebook.com/profile.php?id=100057667711210>
<https://www.facebook.com/sportas.siauliai> <https://www.facebook.com/LietuvosImtynes>



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PROGRAM

Friday, October 20th 2023.

- 17.00 Arrival of the delegations (Šiauliai sports gymnasium wrestling hall, Vilniaus str. 297, Šiauliai)
- 17.30 - 18.00 Technical conference (Team Leaders, Referees, Coaches)
- 19.00 - 20.00 Dinner

Saturday, October 21th 2023.

- 07.30 - 08.00 Arrival of Lithuanian team delegations (Šiauliai sports gymnasium wrestling hall, Vilniaus str. 297, Šiauliai)
- 08.00 - 08.30 Medical examination & Weigh-in (GR, WW)
- 08.30 - 09.30 Breakfast
- 10.00 - 14.00 Qualification and Elimination rounds
- 14.00 - 15.00 Lunch
- 15.00 - 20.00 Qualification and Elimination rounds
- 20.00 - 20.45 Dinner

Sunday, October 22th 2023.

- 08.00 - 09.00 Breakfast
- 10.00 - 14.00 Repassages and final matches and award ceremonies
- 14.00 - 15.00 Lunch
- 15.00 - Departure of teams

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