


# Kolbotn Cup 2026 November 20.-21.

Kolbotn Wrestling club has the distinct pleasure of inviting you to Norway's largest wrestling tournament for age-specific categories.

The disciplines competed in will be Greco-Roman for males and Women's Wrestling for females.

Age categories for females: U12, U15, and U20 (U17 competes in U20). Travel weight +1 kg for U20.

Age categories for males: U12, U15, U17 and U20. Travel weight +1 kg for U17 and U20.

| Girls 12 (2015-2014) | Boys 12 (2015-2014) | Girls 15 (2013-2011) | Boys 15 (2013-2011) | U20 Women (2010-2006) | U17 Men (2010-2009) | U20 Men (2008-2006) |
|---|---|---|---|---|---|---|
| 24-27 kg | 24-27 kg | 29-33 kg | 33-35 kg | 50 kg (+1 kg) | 45 kg (+1 kg) | 55 kg (+1 kg) |
| 30 kg | 30 kg | 36 kg | 38 kg | 53 kg (+1 kg) | 48 kg (+1 kg) | 60 kg (+1 kg) |
| 33 kg | 33 kg | 39 kg | 41 kg | 55 kg (+1 kg) | 51 kg (+1 kg) | 63 kg (+1 kg) |
| 37 kg | 37 kg | 42 kg | 44 kg | 57 kg (+1 kg) | 55 kg (+1 kg) | 67 kg (+1 kg) |
| 41 kg | 41 kg | 46 kg | 48 kg | 59 kg (+1 kg) | 60 kg (+1 kg) | 72 kg (+1 kg) |
| 45 kg | 45 kg | 50 kg | 52 kg | 62 kg (+1 kg) | 65 kg (+1 kg) | 77 kg (+1 kg) |
| 50 kg | 50 kg | 54 kg | 57 kg | 65 kg (+1 kg) | 71 kg (+1 kg) | 82 kg (+1 kg) |
| 55 kg | 55 kg | 58 kg | 62 kg | 68 kg (+1 kg) | 80 kg (+1 kg) | 87 kg (+1 kg) |
| 60 kg | 60 kg | 62 kg | 68 kg | 72 kg (+1 kg) | 92 kg (+1 kg) | 97 kg (+1 kg) |
| 65 kg | 65 kg | 66 kg | 75 kg | 76 kg (+1 kg) | 110 kg (+1 kg) | 130 kg (+1 kg) |
| 70 kg | 70 kg | 72 kg | 85 kg | 80 kg (+1 kg) | | |
| 75 kg | 75 kg | 78 kg | 95 kg | 85 kg (+1 kg) | | |
| 80 kg | 80 kg | 85 kg | | | | |
| 85 kg | 85 kg | | | | | |

**Weigh-in and medical**
November 20 from 6 pm to 8 pm. The weigh-in takes place in Stil Arena.
Identity cards must be brought for check at weigh-in.

**Tournament opening**
Saturday November 21 at 9 am.

**Arena**
Stil Arena, Gamle Vevelstadvei 34, 1405 Langhus, Norway. Please see: https://www.kolbotncup.no/arena/ for further information, including parking instructions.

**Sauna**
Sauna is not available in the tournament hall.

**Cafeteria**
There will be a wide range of reasonably priced food alternatives served at the arena, including vegetarian alternatives.

**Rules, fees and weights**
Rules, fees and weights are determined by UWW rules with some Norwegian adaptations, available at www.bryting.no. Teamleader is responsible for ensuring wrestlers have compulsory national licenses and insurances.

**Registrations**
For non-Norwegian wrestling clubs, all registrations on https://www.kolbotncup.no/registration/
Please sign up for the Kolbotn Cup before November 5. Free cancellation of wrestlers until November 15.

Norwegian clubs register at isonen.no no later than November 1.

There is a NOK 300 (or if paid in Euro cash: EUR 30) registration fee for all participants.

All teams are strongly encouraged to bring a referee. The referee will be compensated EUR 100. All participants will be listed when ready, please see our website.

**Travel information**
Airport Oslo Lufthavn Gardermoen, Norway. There are trains from the airport via Oslo Central station to Vevelstad train station which is next to the wrestling arena. We do not recommend Torp airport as it is far away. Please also see travelling tips on the app “Entur” and our website for directions.

**Tournament hotel**
Our tournament hotel will be available here: https://www.kolbotncup.no/accommodation/
We also offer sleeping in school classrooms. The price is NOK 200 (or if paid in Euro cash: EUR 20) per person per night, breakfast included. Please note that this alternative is only available from Friday to Sunday. Bring your own sleeping bag and sleeping mat.

**More information**
Do not hesitate to contact us if you have any questions.
E-mail kolbotncup@bryting.org
English and nordic languages, please contact Tove Ladstein, +47 97 95 64 54
Russian and Polish, please contact Eduard Aplevich, messenger and phone +47 97 30 65 40

Website: www.kolbotncup.no. Facebook ”Kolbotn Cup – wrestling”. Feel free to like our page!