

INVITATION

NORDIC CHAMPIONSHIPS MAY 06th – 07th, 2023

On behalf of the Lithuanian Wrestling Federation has the pleasure to invite your country to participate in the 2023 Nordic Championships in Greco–Roman, Freestyle and Women wrestling.

The Championships will take place on 6-7th May in Vilnius, Lithuania.

General information:

Place of competition – Vilnius athletics arena, Zemaites str. 6, Vilnius.

Weight classes:

<u>U17</u>

GR categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance) FS categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance) WW categories: -40; -43; -46; -49; -53; -57; -61; -65; -69; -73 kg (+2 kg tolerance)

<u>U20</u>

GR categories: -55; -60; -63; -67; -72; -77; -82; -87; -97; - 130 kg (+2 kg tolerance)

Entries: All entries should reach Lithuanian Wrestling Federation (<u>valdemarasvenckaitis@yahoo.com</u>) at latest by following deadlines :

Preliminary entry : April 06th (number of wrestlers/ coaches/ leaders/ officials) **Final entry (by name):** April 22nd. Rules & fees: All rules & fees according to current NWA Statutes. Each country has to be represented by at least two national referees. All athletes require UWW license.

Financial conditions:

Participation fee:	70 €/per person/day	(incl. meals & accommodation)
Membership fee NWA:	100 €/per nation	
NWA fee:	230 €/per nation	

Transportation:

Transfer from Kaunas airport to Vilnius	- 15 €/per person
Departure from Vilnius to Kaunas airport	- 15 €/per person

PROGRAM

Friday, May 5th (Arrival of delegations)

15.00	Check-in at Vilnius athletics arena, Zemaites str. 6, Vilnius.
18.00	Final registration
18.30 - 19.30	Dinner at hotel
19.00 - 20.00	Meeting of team representatives, coaches and referees at hotel

Saturday, May 6th

8.00 - 8.30	Weigh-in at hotel U17 categories
8.00 - 9.30	Breakfast at hotel
11.00	Qualification rounds
13.00 - 15.00	Lunch at sports hall (no competition brake)
16.00	Opening ceremony, final rounds and award ceremonies
17.00 - 18.00	Dinner at sports hall
20.00	Banquet for officials, coaches and referees

Sunday, May 7th

8.00 - 8.30	Weigh-in at hotel U20 categories
8.00 - 9.30	Breakfast at hotel
11.00	Qualification rounds
12.30 - 14.30	Lunch at sports hall (no competition brake)
16.00 - 18.00	Final rounds and award ceremonies
17.00 - 19.00	Dinner at sports hall

INTERNATIONAL TRAINING CAMP

There will be GR training camp in Vilnius after the competition. **Dates:** 2023.05.08 - 12 d.

Accommodation & meals fee:

40 € per person/day

There will be WW training camp in Siauliai after the competition. **Dates:** 2023.05.08-13 d.

Accommodation & meals fee:	40 € per person/day
Transfer from Vilnius to Siauliai	20 €/per person

Inquiries:

Lithuanian Wrestling Federation		
Address:	Zemaites str. 6, Vilnius.	
Contact person:	Ginta Sapoke +37067870172	
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Website:	www.imtynes.lt	

Organizers of competition:

Lithuanian wrestling federation & Venckaitis wrestling club VIK