



NORDIC WRESTLING ASSOCIATION

INVITATION

NORDIC CHAMPIONSHIPS

MAY 06th – 07th, 2023

On behalf of the Lithuanian Wrestling Federation has the pleasure to invite your country to participate in the 2023 Nordic Championships in Greco–Roman, Freestyle and Women wrestling.

The Championships will take place on 6-7th May in Vilnius, Lithuania.

General information:

Place of competition – Vilnius athletics arena, Zemaites str. 6, Vilnius.

Weight classes:

U17

GR categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance)

FS categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance)

WW categories: -40; -43; -46; -49; -53; -57; -61; -65; -69; -73 kg (+2 kg tolerance)

U20

GR categories: -55; -60; -63; -67; -72; -77; -82; -87; -97; -130 kg (+2 kg tolerance)

Entries: All entries should reach Lithuanian Wrestling Federation
(valdemarasvenckaitis@yahoo.com) at latest by following deadlines :

Preliminary entry : April 06th (number of wrestlers/ coaches/ leaders/ officials)

Final entry (by name): April 22nd.

Rules & fees: All rules & fees according to current NWA Statutes.

Each country has to be represented by at least two national referees.
All athletes require UWW license.

Financial conditions:

Participation fee: 70 €/per person/day (incl. meals & accommodation)
Membership fee NWA: 100 €/per nation
NWA fee: 230 €/per nation

Transportation:

Transfer from Kaunas airport to Vilnius - 15 €/per person
Departure from Vilnius to Kaunas airport - 15 €/per person

PROGRAM

Friday, May 5th (Arrival of delegations)

15.00 - 18.00	U17 final registration at Vilnius athletics arena, Zemaites str. 6, Vilnius
18.00 – 20.00	Training at Vilnius athletics arena, Zemaites str. 6, Vilnius
18.00 – 20.30	Dinner at Vilnius athletics arena, Zemaites str. 6, Vilnius
19.30 – 20.30	Meeting of team representatives, coaches and referees at Calvary hotel, Kalvariju str. 59, Vilnius

Saturday, May 6th

8.00 – 8.30	Weigh-in U17 categories at Vilnius athletics arena, Zemaites str. 6, Vilnius
8.00 – 9.30	Breakfast at the hotel
11.00	Qualification rounds
13.00 – 15.00	Lunch at the sports hall (no competition brake)
15.00 – 17.00	U20 final registration at Vilnius athletics arena, Zemaites str. 6, Vilnius
16.00	Opening ceremony, final rounds and award ceremonies
17.00 – 19.00	Dinner at the sports hall
20.00	Banquet for officials, coaches and referees at Calvary hotel, Kalvariju str. 59, Vilnius

Sunday, May 7th

8.00 – 8.30	Weigh-in U20 categories at Vilnius athletics arena, Zemaites str. 6, Vilnius
8.00 – 9.30	Breakfast at the hotel
11.00	Qualification rounds
12.30 – 14.30	Lunch at the sports hall (no competition brake)
16.00 – 18.00	Final rounds and award ceremonies
17.00 – 19.00	Dinner at the sports hall

INTERNATIONAL TRAINING CAMP

There will be GR training camp in Vilnius after the competition.

Dates: 2023.05.08 - 12 d.

Accommodation & meals fee: 40 € per person/day

There will be WW training camp in Siauliai after the competition.

Dates: 2023.05.08-13 d.

Accommodation & meals fee: 40 € per person/day

Transfer from Vilnius to Siauliai 20 €/per person

Inquiries:

Lithuanian Wrestling Federation

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Contact person: Ginta Sapoke +37067870172

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Website: www.imtynes.lt

Organizers of competition:

Lithuanian wrestling federation & Venckaitis wrestling club VIK